

**Because Minds Matter: Collaborating to Strengthen Management
of Psychotropic Medications for Children
and Youth in Foster Care**

PROGRAM BOOKLET

**August 27 – 28, 2012
Grand Hyatt Washington**

Administration for Children and Families
Centers for Medicare & Medicaid Services
Substance Abuse and Mental Health Services Administration

WELCOME

Dear Summit Participant,

On behalf of the Administration on Children, Youth, and Families and the U.S. Department of Health and Human Services, it is a pleasure to welcome you to Washington, DC for the *Because Minds Matter: Collaborating to Strengthen Psychotropic Medication Management for Children and Youth in Foster Care* Summit.

Over the next two days, you will have the opportunity to forge collaborative relationships with your colleagues, other leaders from your State, hear from your peers across the country, and engage with leading experts about patterns of psychotropic medication use and strategies for improving oversight and monitoring. We have organized the agenda to give you ample time to work together to apply what you've learned to strengthen your State's approach and address barriers to implementation.

The issue of psychotropic medication use among children and youth in foster care has received significant attention in recent years, and rightly so. These medications, while often life-saving and life-giving, carry risks of side effects and must be prescribed carefully and with proper oversight. Medication is just one of many tools available to help treat the social, emotional, behavioral, and mental health difficulties that are common among children who have experienced maltreatment. Other tools include the growing array of evidence-based practices that have been shown to be effective in promoting positive outcomes for the population involved with child welfare. When these tools are arranged thoughtfully, are coordinated across systems, and are calibrated to meet the particular needs of those served, they comprise a comprehensive set of services that can dramatically improve the well-being for some of our most vulnerable children, youth, and families.

While you are here, I encourage you and your State team members to make the most of your time together. Set ambitious yet realistic goals for your work, and think creatively about how to overcome the obstacles you face. Plan to continue to work as a team when you return home, and discuss how you might bring additional stakeholders to the table. At the Federal level, we will continue to learn with you, share information, and support your efforts with ongoing technical assistance.

Thank you for the important work you do on behalf of children, youth and families. I wish you an exciting and productive meeting.

Sincerely,



Bryan Samuels, Commissioner
Administration on Children, Youth and Families
Administration on Children and Families
US Department of Health and Human Services



MEETING-AT-A-GLANCE

	Time	Event	Location
Sunday 8/26/2012	6:00 - 8:00 PM	Registration	Independence Foyer
	6:00 - 8:00 PM	Exhibitor Set-up	Independence Foyer
Monday 8/27/2012	7:30 - 9:00 AM	Registration	Independence Foyer
	9:00 - 10:15 AM	Opening Plenary: Welcome and Keynote	Independence Ballroom A
	10:15 - 10:45 AM	Overview of State Approaches to Oversight and Monitoring of Psychotropic Medications	Independence Ballroom A
	10:45 - 11:00 AM	Break	
	11:00 AM - 12:30 PM	State Team Working Session I	Multiple Rooms
	12:30 - 1:30 PM	Lunch (On Your Own)	
	1:30 - 3:00 PM	Workshops I	Multiple Rooms
	3:00 - 3:15 PM	Break	
3:15 - 4:45 PM	Plenary: The Youth Experience with Psychotropic Medications	Independence Ballroom A	
Tuesday 8/28/2012	7:00 - 8:00 AM	Registration	Independence Foyer
	8:00 - 9:00 AM	Plenary: Improving Outcomes with Effective Trauma-Informed Interventions	Independence Ballroom A
	9:00 - 9:10 AM	Break	
	9:10 - 10:40 AM	Workshops II	Multiple Rooms
	10:40 - 10:55 AM	Break	
	10:55 AM - 12:25 PM	State Team Working Session II	Multiple Rooms
	12:25 - 12:35 PM	Break	
	12:35 - 1:00 PM	Plenary: Closing and Next Steps	Independence Ballroom A

PLENARY SPEAKER BIOGRAPHIES

Opening Plenary (Day One)

Clare Anderson, Deputy Commissioner

Clare Anderson is the Deputy Commissioner at the Administration on Children, Youth and Families. She obtained her Masters of Social Work, with an emphasis in children, youth and families, from the University of Alabama.

Prior to joining ACYF, Ms. Anderson was a Senior Associate at the Center for the Study of Social Policy, where she promoted better outcomes for children, youth and families through community engagement and child welfare system transformation. Through a federally funded Child Welfare Implementation Center, Ms. Anderson provided technical assistance to sites and programs including Community Partnerships for Protecting Children and the Annie E. Casey Foundation's *Family to Family* initiative. She also conducted monitoring of and provided support to jurisdictions under court-order to improve their child welfare systems.

Ms. Anderson also worked as a direct practice social worker as a member of the Freddie Mac Foundation Child and Adolescent Protection Center at Children's National Medical Center in Washington, DC. She was a consultant to and clinical director at the Baptist Home for Children and Families (now the National Center for Children and Families) in Bethesda, Maryland and was on the clinical faculty at the Georgetown University Medical Center, Department of Psychiatry's child and adolescent services.

George Sheldon, Acting Assistant Secretary for Children and Families

George Sheldon is the Acting Assistant Secretary for the Administration for Children and Families, U.S. Department of Health and Human Services. Prior to joining ACF, Sheldon served as the Secretary of the Florida Department of Children and Families (DCF).

During his time in Florida, Mr. Sheldon oversaw the state's child welfare programs, fostering a 36 percent reduction in children in out-of-home care, and integrating mental health, substance abuse and domestic violence services throughout the Department. During Sheldon's tenure, Florida achieved the nation's highest rate of adoptions among foster children for two years, and moved the state from one of the worst food stamp error rates in the country to the best in the country for three consecutive years.

In early 2010, Mr. Sheldon worked closely with federal partners at HHS and ACF in the aftermath of Haiti's catastrophic earthquake. Together, Florida and ACF met the needs of more than 27,000 American citizens, 700 medical evacuees, and 600 Haitian children moving through the adoption process with American families.

Before his service at DCF, Mr. Sheldon was Associate Dean for Student and Alumni Services at St. Thomas University School of Law. In addition to more than 12 years as a practicing attorney, Sheldon also served as Deputy Attorney General for central Florida, managing five regional offices and more than 400 employees. In 1975, Sheldon was elected to the Florida House of Representatives, where he built an eight-year record focusing on the environment and children.

Born in Wildwood, New Jersey, Sheldon received both his B.A. and J.D. from Florida State University.

PLENARY SPEAKER BIOGRAPHIES

Pamela Hyde, Administrator, Substance Abuse and Mental Health Administration

Pamela Hyde was nominated by President Barack Obama and confirmed by the U.S. Senate in November 2009 as Administrator of the Substance Abuse and Mental Health Services Administration (SAMHSA), a public health agency within the Department of Health and Human Services. The agency's mission is to reduce the impact of substance abuse and mental illness on America's communities.

As Administrator, Ms. Hyde leads SAMHSA's staff of approximately 550 public health professionals and manages a budget of approximately \$3.5 billion dedicated towards efforts and policies advancing the health and wellbeing of the American people.

Ms. Hyde comes to SAMHSA with more than 30 years experience in management and consulting for public healthcare and human services agencies. She has served as a state mental health director, state human services director, city housing and human services director, as well as CEO of a private non-profit managed behavioral healthcare firm. In 2003 she was appointed cabinet secretary of the New Mexico Human Services Department by Governor Bill Richardson, where she worked effectively to provide greater access to quality health services for all.

Ms. Hyde received her J.D. from the University of Michigan Law School (1976) and her B.A. from Southwest Missouri State University (1972).

John O'Brien, Senior Policy Analyst, Centers for Medicare and Medicaid Services

John O'Brien is the Senior Policy Advisor for the Disabled and Elderly Health Programs Group at the Centers for Medicare and Medicaid Services. Previously, John was the Senior Advisor to the Administrator on Health Care Reform at the Substance Abuse and Mental Health Services Administration (SAMHSA). He was the Director of several national projects funded by the Robert Wood Johnson Foundation to develop strategies for coordinating funding for human services from federal, state and local dollars.

Prior to his work at SAMHSA, Mr. O'Brien worked with the Technical Assistance Collaborative for fifteen years as a Senior Consultant where he provided consultation to over 30 states and local human services authorities. He worked with Medicaid, State mental health, substance abuse authorities, and also worked with states to develop federal Medicaid Waivers, Medicaid state plan amendments, and federal grant applications (e.g., children's systems of care).

Mr. O'Brien served as a manager at KPMG Peat Marwick and worked for the Eunice Kennedy Shriver Center, the Massachusetts Developmental Disability Council, the Illinois Governor's Office, and the Illinois Legislative Commission on Mental Health, Mental Retardation and Substance Abuse. He was a program staff member at Thresholds, Inc. in Chicago.

Mr. O'Brien holds a bachelor's degree from Loyola University and a Master of Arts degree with a concentration in public policy from the University of Chicago.

PLENARY SPEAKER BIOGRAPHIES

Bryan Samuels, Commissioner, Administration on Children, Youth and Families

Bryan Samuels is the Commissioner of the Administration on Children, Youth and Families (ACYF). Samuels has spent his career formulating service delivery innovations and streamlining operations in large government organizations on behalf of children, youth, and families.

Prior to joining the Administration, Samuels served as Chief of Staff for Chicago Public Schools (CPS) from 2007-2009, playing a leadership role in managing the operations of the third largest school system in the nation. From 2003-2007, Samuels served as the Director of the Illinois Department of Children and Family Services (DCFS), the third largest child welfare system in the country. While Director, he moved aggressively to implement comprehensive assessments of all children entering care, redesigned transitional and independent living programs to prepare youth for transitioning to adulthood, created a child location unit to track all runaway youth, and introduced evidence-based services to address the impact of trauma and exposure to violence on children in state care.

At ACYF, Commissioner Samuels has made the social and emotional well-being of vulnerable children and youth his top priority. He is aligning policies and funding to support healing and recovery for children and youth who have experienced trauma, with an emphasis on increasing access to evidence-based interventions. Under his leadership, ACYF is leading a Department-wide initiative to strengthen management of psychotropic medications for children in foster care and expand the use of effective interventions.

Samuels has also taught at the University of Chicago's School of Social Service Administration. He holds a Master's Degree from the University of Chicago, Harris School of Public Policy Studies and a Bachelor of Arts Degree from the University of Notre Dame.

Opening Plenary (Day Two)

Charles Wilson, Rady Children's Hospital

Charles Wilson, MSSW, is the Senior Director of the Chadwick Center for Children and Families and the Sam and Rose Stein Endowed Chair in Child Protection at Rady Children's Hospital-San Diego where he oversees a large multi-service child and family maltreatment organization providing prevention, intervention, medical assessment, and trauma treatment services along with professional education, and research. Wilson also serves as the director of the California Evidenced Based Clearinghouse for Child Welfare, under contract with the California Department of Social Services, the Chadwick Trauma Informed Systems Project for SAMHSA, and the Safe Kids California Project, funded by the U.S. Department of Health and Human Services Children's Bureau and California Department of Social Services. He co-chairs the Child Welfare Committee of the SAMHSA funded National Child Traumatic Stress, and Chairs the San Diego County Child Protection Team Management Committee. Within Rady Children's Hospital Wilson is the Co-Director of the Centers of Developmental and Behavioral Sciences and administratively oversees the hospital's inpatient and outpatient psychiatry programs and medical social work department.

Mr. Wilson was formerly the Executive Director of the National Children's Advocacy Center in Huntsville, Alabama. Mr. Wilson is a frequent speaker at national and international conferences and seminars and the author and co-author of numerous publications, articles, and book chapters on team investigation of child abuse, forensic interviewing, evidence based practices, and trauma informed systems, including the book, *The Uneasy Alliance; The Team Investigation of Child Sexual Abuse*.

PLENARY SPEAKER BIOGRAPHIES

Eugene Griffin, JD, PhD, Northwestern University

Gene Griffin is a clinical psychologist and attorney. He presently serves as an assistant professor in the Department of Psychiatry at Northwestern University's Feinberg School of Medicine in Chicago, where he is co-director of a project funded by the National Child Traumatic Stress Network. He also has conducted multiple program evaluations for child welfare, mental health and juvenile justice programs.

Gene is a Commissioner on the Illinois Juvenile Justice Commission and the Clinical Director of the Illinois Childhood Trauma Coalition. He is currently collaborating with experts from the MacArthur Foundation's Models for Change project in developing a curriculum for juvenile justice staff regarding adolescent development, mental illness, and trauma. He is also a Fellow of the Child Trauma Academy in Houston, Texas.

Previously, Gene worked as an assistant public defender in Juvenile Court in Chicago. As a clinical psychologist, he has been a unit chief of both short-term and long-term inpatient psychiatric adolescent units. Gene has worked with the Illinois Division of Mental Health, where he helped develop the Mental Health Juvenile Justice Initiative. Gene has also worked with the Illinois Department of Children and Family Services where he helped develop its Child Trauma Program.

Gene obtained both his law degree and his doctorate in clinical psychology from Northwestern University. He completed an internship in clinical and forensic psychology through Harvard Medical School.

Nadia Sexton, PhD, Casey Family Programs

Nadia Sexton joined Casey Family Programs, Knowledge Management after developing a small therapeutic high school for youth with significant emotional issues over the last year. Prior to that, she was first Clinical Administrator and then Director of the Division of Child Behavioral Health within the Department of Children and Families in New Jersey. The Division administers the mental health benefit for approximately 40,000 youth and their families through public-private partnerships in New Jersey. During her time with the Division, she participated in enhancing mental health services for foster youth with an innovative model of care that reduced the number of youth in out-of-state mental health care by 90 percent, established a small community based out-of-home option for acutely challenged youth, introduced evidenced-based care into the complement of care in New Jersey, and procured a new ASO contract for the state system which included an electronic medical record, benefit, and outcomes management system.

Ms. Sexton joined state service to work with the team which safely and efficiently closed New Jersey's last long-term psychiatric hospital for children and youth. Prior to that, Nadia administered the acute child and adolescent mental health services in an urban community hospital and served as an expert witness to the New Jersey Superior Courts on child welfare and custody matters. She holds a Ph.D. in Child Clinical Psychology from Seton Hall University and a certificate in Infant Studies from Rutgers University.

9:00 - 10:15 AM
Independence Ballroom A

Opening and Plenary Workshop

Welcome and Keynote

Clare Anderson, Deputy Commissioner, Administration on Children, Youth and Families

George Sheldon, Acting Assistant Secretary, Administration for Children and Families

Pamela Hyde, Administrator, Substance Abuse and Mental Health Services Administration

John O'Brien, Centers for Medicare and Medicaid Services

Bryan Samuels, Commissioner, Administration on Children, Youth and Families

Representatives of the U.S. Department of Health and Human Services deliver welcoming remarks; Commissioner Bryan Samuels of the Administration on Children, Youth and Families will deliver the keynote address, framing the issue within the context of promoting social and emotional well-being for children who have experienced maltreatment.

10:15 - 10:45 AM
Independence Ballroom A

Overview of State Approaches to Oversight and Monitoring of Psychotropic Medications

Joyce Pfennig, Program Specialist, Administration on Children, Youth and Families

Kate Stepleton, Program Specialist, Administration on Children, Youth and Families

In June of this year, each jurisdiction receiving Title IV-B funds for child welfare services submitted an Annual Progress and Services Report (APSR) to the Children's Bureau, describing protocols planned or in place for oversight and monitoring of psychotropic medications for children and youth in foster care. During this session, an overview of the contents of these plans will be presented.

10:45 - 11:00 AM

BREAK

MONDAY - AUGUST 27, 2012

11:00 AM – 12:30 PM	State Team Working Session I
Independence Ballroom B	Louisiana, Mississippi, Alabama, Georgia
Independence Ballroom C	South Carolina, Florida, Tennessee, Kentucky
Independence Ballroom D	Illinois, Indiana, Michigan
Independence Ballroom E	Missouri, Iowa, Arkansas
Independence Ballroom F	Alaska, Hawaii, Washington, Arizona
Independence Ballroom G	Idaho, Oregon, Montana, Wyoming
Independence Ballroom H	South Dakota, Utah, Nebraska, Kansas
Independence Ballroom I	New Mexico, Texas, Oklahoma
Franklin Square	Delaware, District of Columbia, West Virginia
Farragut Square	Maine, Vermont, New Hampshire, Massachusetts
Lafayette Park	Connecticut, Rhode Island, New Jersey, Puerto Rico
Burnham	New York, California, Pennsylvania
Latrobe	Nevada, Colorado, North Dakota
Bullfinch	Minnesota, Wisconsin, Ohio
Renwick	North Carolina, Virginia, Maryland
12:30 - 1:30 PM	LUNCH (On Your Own)

1:30 - 3:00 PM

Independence Ballroom B

Workshops 1 - 11

Workshop 1

GETTING OFF TO A GREAT START: How states come together, frame the issue, and begin to build an approach to oversight and monitoring of psychotropic medications in child welfare

Moderator: Barbara Edwards, MPP, Centers for Medicare and Medicaid Services
Kamala Allen, CHCS, Center for Health Care Strategies, Inc.

Laurel Leslie, PhD, Tufts, MA, Tufts Clinical and Translational Science Institute
Jeffrey Thompson, MD, WA, Washington State Healthcare Authority

Panelists with a cross-state perspective will discuss the various ways that different States have approached developing a system of oversight and monitoring of psychotropic medications for children and youth in foster care. From their position at the forefront of national initiatives to understand and improve psychotropic medication management, panelists share their observations of common challenges, effective strategies for getting started, and important distinctions across States that affect initial efforts.

Independence Ballroom C

Workshop 2

EVIDENCE-BASED PSYCHOSOCIAL INTERVENTIONS: Selecting and scaling up treatments that work

Moderator: John Landsverk, PhD, Rady Children's Hospital, San Diego, California
Mark Chaffin, PhD, University of Oklahoma Health Sciences Center, Oklahoma City

Patricia Chamberlain, PhD, Oregon Social Learning Center, Eugene, Oregon
Abel Ortiz, MSW, JD, Annie E. Casey Foundation

Scaled-up evidence-based psychosocial interventions may substitute for or enhance psychotropic based interventions. A formidable challenge to improving well-being outcomes for child welfare populations is increasing the use of evidence-based interventions, either as singular interventions or a suite of linked interventions, at a system-wide level. Scaling up refers to the process of moving from implementation of intervention(s) in one small area or program to moving the interventions to scale so there are well-being benefits for a large portion of the population of children in need. This panel will discuss lessons learned (the art), findings from empirical studies of the scale-up process (the science), and financing issues that will be crucial to successful scale-up initiatives.

Independence Ballroom D

Workshop 3

CONSENT, ASSENT, AND MORE: Models for ensuring informed and shared decision-making

Moderator: Thomas I. Mackie, MPH, MA, Tufts Medical Center; The Heller School, Brandeis University

James F. Bush, MD, FACP, Wyoming Department of Health

Lesley Siegel, MD, Connecticut Department of Children and Families

Kathy Teutsch, RN, LMSW, MMSW, Texas Department of Family and Protective Services

There is great variation in the systems that States put in place to ensure that informed consent is provided before a child in foster care receives psychotropic medication. Panelists will discuss three approaches to informed consent, exploring differences and commonalities related to: where consent is located; the availability of training for those providing consent; how exceptions and appeals are handled; information exchanges; monitoring of consent; use of mental health expertise in the informed consent process; and legal protections that were considered in developing the system.

Independence Ballroom F

Workshop 4

SCREENING AND ASSESSMENT: Identifying trauma and mental health needs of children in child welfare

Moderator: Cassandra Kisiel, PhD, Northwestern University, Chicago, Illinois

Kevin Kelly, North Carolina Department of Health and Human Services

Jason Lang, PhD, Connecticut Center for Effective Practice, Child Health and Development Institute (CHDI)

Jan Nisenbaum, Massachusetts Department of Children and Families

Barb Putnam, Washington Department of Social and Health Services

Denise Revels-Robinson, Washington Department of Social and Health Services

Ensuring timely and appropriate access to effective mental health services for children and youth in foster care requires comprehensive and coordinated screening, assessment, and treatment planning mechanisms to identify children's mental health and trauma-related needs. This requires States to develop systems for: 1) screening to identify those who may be in need of treatment; 2) conducting more comprehensive assessment for those with an identified need for intervention; 3) administering universal functional assessments to measure improvement in skill and competencies that contribute to well-being; and 4) using data to inform

treatment planning at the case level and configuration of the service array at the systems level. This session will feature examples from five States at varying stages of implementing State-wide screening and assessment mechanisms. The goal of this session is to highlight factors that influence differences in approach and strategy.

Independence Ballroom G

Workshop 5

HOW MUCH, HOW MANY, HOW LONG: Approaches to psychotropic medication monitoring

Moderator: James Rogers, MD, Texas Department of Family and Protective Services

Debra Lancaster, New Jersey Department of Children and Families

Nina Jo Muse, MD, Texas Department of State Health Services

Joseph Parks, MD, Missouri Department of Mental Health

Every State team faces considerations of how best to monitor and oversee the use of psychotropic medications. Issues with meaningful data, engaging the provider community, developing and implementing meaningful policy, and a retrospective strategy of oversight and monitoring will be presented. Panelists are state policy makers, physicians, and managers of oversight programs with significant experience and successful strategies to share. Attendees will learn:

- The pros and cons of available data/information related to prescribing practices
- How to use data to arrive at policy-shaping conclusions
- The important matters in the development and implementation of an oversight policy
- Strategies for engaging the provider community
- How to benchmark progress and successes
- Pitfalls in implementation and management to avoid

Independence Ballroom H

Workshop 6

ENSURING EXPERTISE: Integrating the input of mental health professionals throughout the system

Moderator: Christopher Bellonci, MD, Tufts University School of Medicine, Boston, Massachusetts

Patricia K. Leebens, MD, Family and Children's Aid, Danbury, Connecticut

Michael W. Naylor, MD, University of Illinois at Chicago College of Medicine, Chicago, Illinois

L. Read Sulik, MD, Sanford Health, Minnesota

In this workshop, participants will learn about the importance of mental health consultation in ensuring high quality medication oversight at both the client and system level. At the client level, expert consultation can be used to assist prescribing psychiatrists and physicians, and other mental health professionals make informed decisions about how to provide the best treatment for children and adolescents in foster care. And at the system level, consultation can be used to develop prescribing standards and clinically-informed approaches to oversight and monitoring. Representatives from three States – Illinois, Connecticut, and Minnesota – will describe the evolution of their models for using mental health experts, highlighting key challenges and successes encountered along the way. This will be followed by a moderated discussion with panelists and participants.

Independence Ballroom I

Workshop 7

BEING IN THE KNOW: Strategies for effective information sharing across all stakeholders

Moderator: Karen Francis, PhD, American Institutes for Research

Mary Crane, PhD, LSW, American Academy of Pediatrics

Ashley Jackson, BS, Youth Engagement Solutions

Christine Lucero, MSW, Administration on Children, Youth and Families

Aphrodite Gonzalez, Young Adult Training and Technical Assistance Network

Albert Zachik, MD, Maryland State Department of Health and Mental Hygiene

Many stakeholders-administrators, clinicians, caseworkers, caregivers, and consumers-are involved in overseeing and administering psychotropic medications for children and youth in foster care. The use of psychotropic medications is most likely to be safe, appropriate, and effective when accurate and up-to-date information is shared across and within these groups. Panelists will discuss

mechanisms for sharing information about behavioral health, medication use, and the benefits and risks of psychopharmaceutical treatment to facilitate treatment. Speaking from the perspectives of a professional association, a psychiatrist, a foster parent, and a foster alumnus, will share ways that systems can facilitate more efficient and effective sharing of information.

Franklin Square

Workshop 8

QUALITY IMPROVEMENT: Defining good practice and doing what it takes to achieve it

Moderator: Kristin Kroeger Ptakowski, American Academy of Child and Adolescent Psychiatry

Stephen Crystal, PhD, Rutgers University

Lindsey Tweed, MD, MPH, Maine Department of Health and Human Services

Robert Hilt, MD, University of Washington, Seattle Children's Hospital

Effective oversight and monitoring of psychotropic medication incorporates quality assurance and quality improvement components to ensure that standards are being met and improvements made, where necessary. Panelists will share examples of State strategies to understand and improve the quality of psychotropic medication management and/or behavioral and mental health services, ranging from nascent efforts considering how to incorporate quality improvement from the beginning to more established systems with extensive quality assurance and quality improvement mechanisms.

Farragut Square

Workshop 9

DATA SPEAKS: Creating integrated data systems to facilitate cross-system collaboration

Moderator: Ramesh Raghavan, MD, PhD, Institute for Public Health, Washington University, St. Louis

Scott Bilder, PhD, Rutgers University Institute for Health, Health Care Policy and Aging Research

Jessica Hanak-Coulter, LMSW, South Carolina Department of Social Services

Alan Shafer, PhD, Texas Health and Senior Services Commission, Center for Strategic Decision Support

Timely, relevant, and high-quality data is critical to public policy decision making and organizational practice. The availability of such data, however, is a far greater challenge. Sometimes planners and policy-makers have access to real-time pristine data sets but often that's not the case. In such instances, either existing data have to be adapted, or new data sources have to be developed. This panel draws from the expertise of academicians, health researchers, and policy-makers in presenting:

- The types of data which will advance the work of states in overseeing psychotropic use
- The various uses of the data from synthesis to analysis to policy development
- The strategies for using data to inform case practice and supervision
- The essential and fundamental collaboration between the academics/researchers and policy-makers necessary to make it all work

Attendees will learn about how to evaluate the data available to them, where to find additional sources of data, how to build a partnership with academics/researchers which informs child welfare practice and policy that is informed by practice and policy, and how integrate the use of data into every level of child welfare administration.

Lafayette Park

Workshop 10

DOLLARS AND SENSE: Maximizing opportunities to improve child and family well-being through innovative funding

Moderator: Sheila Pires, MPA, Human Service Collaborative, Washington, DC
Janet DeFrances, PhD, Rhode Island Department of Children, Youth & Families
Bruce Kamradt, MSW, Children's Mental Health Services/Wraparound
Milwaukee, Wisconsin
Angelo McClain, PhD, Massachusetts Department of Social Services

Even in an abundant fiscal climate, the best youth outcomes are achieved with meaningful collaborations built upon mutual accountability. In the present climate of fiscal challenges, the strategies for effectively weaving funding into a coordinated system of care and oversight are fundamental to achieving positive well-being outcomes. This panel draws on the expertise of leaders in the field of coordinated child-serving systems who have successfully built sustainable funding models. Attendees will learn how best to engage partners in developing shared funding models, what resources are likely available to them in their state, how to develop shared outcomes measures, and the difference that shared resources can make on measurable child and youth well-being outcomes.

Independence Ballroom E

Workshop 11

PUTTING IT ALL TOGETHER: Using collaborative, coordinated care models to improve outcomes

Moderator and Panelist: Jim Wotring, MSW, National Technical Assistance Center for Children's Mental Health Georgetown University
Bill Bouska, MPA, Oregon Health Authority
Linda Sagor, MD, MPH, University of Massachusetts Memorial FaCES (Foster Children Evaluation Services) Clinic

In this workshop, participants will learn how the Affordable Care Act (ACA) offers options to coordinate care for foster children and youth and how collaboration is essential in seizing these opportunities. Two models of cross system collaborations resulting in integrated care will be highlighted: Massachusetts' FaCES Clinic and Oregon's Statewide Children's Wraparound Initiative. The presenters will highlight key collaborations, processes and considerations in developing and implementing integrated health and mental health services for foster children and youth in an evaluation clinic and a wraparound model. This workshop will encourage questions, active dialogue, and peer sharing opportunities.

3:00 – 3:15 PM

BREAK

3:15 – 4:45 PM

Independence Ballroom A

Plenary: The Youth Experience with Psychotropic Medications

Moderator: Ashley Jackson, NRCYD, Young Adult Training and Technical Assistance (YATTA) Network

Moderator: Aphrodite Gonzalez, NRCYD, Youth Engagement Solutions

Panelists: YATTA Members and FosterClub All Stars

This youth-led panel will provide an insider perspective from young people who have first-hand experience with psychotropic medications while in foster care. Panelists will share their personal insights regarding medication oversight. In addition, the panel will highlight, “Making Healthy Choices: A Youth Guide on Psychotropic Medications for Youth in Foster Care”, a newly created tool designed to empower young people in foster care by equipping them with knowledge so they can make educated decisions regarding their own mental health needs.

8:00 – 9:00 AM

Independence Ballroom A

Opening and Plenary Panel

Plenary: Improving Outcomes with Effective Trauma-Informed Interventions

Charles Wilson, Rady Children's Hospital, San Diego, California

Gene Griffin, JD, PhD, Northwestern University, Chicago, Illinois

Nadia Sexton, PhD, Casey Family Programs, New Jersey

During this second day plenary session, Charles Wilson will provide a framework for thinking about the interplay between interpersonal trauma, the emergence of evidence based interventions, and the use of psychotropic medications as they relate to child-serving organizations. Dr. Griffin will present a trauma-informed approach to diagnosing children in foster care and Dr. Sexton will follow by presenting resources of interest to States attempting to increase access to effective psychosocial treatment options.

9:00 – 10:10 AM

BREAK

9:10 – 10:40 AM

Workshops 1 - 11 (Repeated from Day One)

Independence Ballroom B

Workshop 1

GETTING OFF TO A GREAT START: How states come together, frame the issue, and begin to build an approach to oversight and monitoring of psychotropic medications in child welfare

Moderator: Nadia Sexton, PhD, Casey Family Programs

Kamala Allen, CHCS, Center for Health Care Strategies, Inc.

Laurel Leslie, PhD, Tufts, MA, Tufts Clinical and Translational Science Institute

Jeffrey Thompson, MD, WA, Washington State Healthcare Authority

Panelists with a cross-state perspective will discuss the various ways that different States have approached developing a system of oversight and monitoring of psychotropic medications for children and youth in foster care. From their position at the forefront of national initiatives to understand and improve psychotropic medication management, panelists share their observations of common challenges, effective strategies for getting started, and important distinctions across States that affect initial efforts.

Independence Ballroom C

Workshop 2

EVIDENCE-BASED PSYCHOSOCIAL INTERVENTIONS: Selecting and scaling up treatments that work

Moderator: John Landsverk, PhD, Rady Children's Hospital, San Diego, California
Mark Chaffin, PhD, University of Oklahoma Health Sciences Center, Oklahoma City

Patricia Chamberlain, PhD, Oregon Social Learning Center, Eugene, Oregon
Abel Ortiz, MSW, JD, Annie E. Casey Foundation

Scaled-up evidence-based psychosocial interventions may substitute for or enhance psychotropic based interventions. A formidable challenge to improving well-being outcomes for child welfare populations is increasing the use of evidence-based interventions, either as singular interventions or a suite of linked interventions, at a system-wide level. Scaling up refers to the process of moving from implementation of intervention(s) in one small area or program to moving the interventions to scale so there are well-being benefits for a large portion of the population of children in need. This panel will discuss lessons learned (the art), findings from empirical studies of the scale-up process (the science), and financing issues that will be crucial to successful scale-up initiatives.

Independence Ballroom D

Workshop 3

CONSENT, ASSENT, AND MORE: Models for ensuring informed and shared decision-making

Moderator: Thomas I. Mackie, MPH, MA, Tufts Medical Center; The Heller School, Brandeis University

James F. Bush, MD, FACP, Wyoming Department of Health

Lesley Siegel, MD, Connecticut Department of Children and Families

Kathy Teutsch, RN, LMSW, MMSW, Texas Department of Family and Protective Services

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Independence Ballroom F

Workshop 4

SCREENING AND ASSESSMENT: Identifying trauma and mental health needs of children in child welfare

Moderator: Cassandra Kisiel, PhD, Northwestern University, Chicago, Illinois

Kevin Kelly, North Carolina Department of Health and Human Services

Jason Lang, PhD, Connecticut Center for Effective Practice, Child Health and Development Institute (CHDI)

Jan Nisenbaum, Massachusetts Department of Children and Families

Barb Putnam, Washington Department of Social and Health Services

Denise Revels-Robinson, Washington Department of Social and Health Services

Ensuring timely and appropriate access to effective mental health services for children and youth in foster care requires comprehensive and coordinated screening, assessment, and treatment planning mechanisms to identify children's mental health and trauma-related needs. This requires States to develop systems for: 1) screening to identify those who may be in need of treatment; 2) conducting more comprehensive assessment for those with an identified need for intervention; 3) administering universal functional assessments to measure improvement in skill and competencies that contribute to well-being; and 4) using data to inform treatment planning at the case level and configuration of the service array at the systems level. This session will feature examples from five States at varying stages of implementing State-wide screening and assessment mechanisms. The goal of this session is to highlight factors that influence differences in approach and strategy.

Independence Ballroom G

Workshop 5

HOW MUCH, HOW MANY, HOW LONG: Approaches to psychotropic medication monitoring

Moderator: James Rogers, MD, Texas Department of Family and Protective Services

Debra Lancaster, New Jersey Department of Children and Families

Nina Jo Muse, MD, Texas Department of State Health Services

Joseph Parks, MD, Missouri Department of Mental Health

Every State team faces considerations of how best to monitor and oversee the use of psychotropic medications. Issues with meaningful data, engaging the provider community, developing and implementing meaningful policy, and a retrospective strategy of oversight and monitoring will be presented. Panelists are state policy makers, physicians, and managers of oversight programs with significant experience and successful strategies to share. Attendees will learn:

- The pros and cons of available data/information related to prescribing practices,
- How to use data to arrive at policy-shaping conclusions
- The important matters in the development and implementation of an oversight policy
- Strategies for engaging the provider community
- How to benchmark progress and successes
- Pitfalls in implementation and management to avoid

Independence Ballroom H

Workshop 6

ENSURING EXPERTISE: Integrating the input of mental health professionals throughout the system

Moderator: Christopher Bellonci, MD, Tufts University School of Medicine, Boston, Massachusetts

Patricia K. Leebens, MD, Family and Children's Aid, Danbury, Connecticut

Michael W. Naylor, MD, University of Illinois at Chicago College of Medicine, Chicago, Illinois

L. Read Sulik, MD, Sanford Health, Minnesota

In this workshop, participants will learn about the importance of mental health consultation in ensuring high quality medication oversight at both the client and system level. At the client level, expert consultation can be used to assist prescribing psychiatrists and physicians, and other mental health professionals

make informed decisions about how to provide the best treatment for children and adolescents in foster care. And at the system level, consultation can be used to develop prescribing standards and clinically-informed approaches to oversight and monitoring. Representatives from three States – Illinois, Connecticut, and Minnesota – will describe the evolution of their models for using mental health experts, highlighting key challenges and successes encountered along the way. This will be followed by a moderated discussion with panelists and participants.

Independence Ballroom I

Workshop 7

BEING IN THE KNOW: Strategies for effective information sharing across all stakeholders

Moderator: Karen Francis, PhD, American Institutes for Research

Mary Crane, PhD, LSW, American Academy of Pediatrics

Ashley Jackson, BS, Youth Engagement Solutions

Christine Lucero, MSW, Administration on Children, Youth and Families

Aphrodite Gonzalez, Young Adult Training and Technical Assistance Network

Albert Zachik, MD, Maryland State Department of Health and Mental Hygiene

Many stakeholders-administrators, clinicians, caseworkers, caregivers, and consumers-are involved in overseeing and administering psychotropic medications for children and youth in foster care. The use of psychotropic medications is most likely to be safe, appropriate, and effective when accurate and up-to-date information is shared across and within these groups. Panelists will discuss mechanisms for sharing information about behavioral health, medication use, and the benefits and risks of psychopharmaceutical treatment to facilitate treatment. Speaking from the perspectives of a professional association, a psychiatrist, a foster parent, and a foster alumnus, will share ways that systems can facilitate more efficient and effective sharing of information.

Franklin Square

Workshop 8

QUALITY IMPROVEMENT: Defining good practice and doing what it takes to achieve it

Moderator: Kristin Kroeger Ptakowski, American Academy of Child and Adolescent Psychiatry

Stephen Crystal, PhD, Rutgers University

Lindsey Tweed, MD, MPH, Maine Department of Health and Human Services

Robert Hilt, MD, University of Washington, Seattle Children's Hospital

Effective oversight and monitoring of psychotropic medication incorporates quality assurance and quality improvement components to ensure that standards are being met and improvements made, where necessary. Panelists will share examples of State strategies to understand and improve the quality of psychotropic medication management and/or behavioral and mental health services, ranging from nascent efforts considering how to incorporate quality improvement from the beginning to more established systems with extensive quality assurance and quality improvement mechanisms.

Farragut Square

Workshop 9

DATA SPEAKS: Creating integrated data systems to facilitate cross-system collaboration

Moderator: Ramesh Raghavan, MD, PhD, Institute for Public Health, Washington University, St. Louis

Scott Bilder, PhD, Rutgers University Institute for Health, Health Care Policy and Aging Research

Jessica Hanak-Coulter, LMSW, South Carolina Department of Social Services

Alan Shafer, PhD, Texas Health and Senior Services Commission, Center for Strategic Decision Support

Timely, relevant, and high-quality data is critical to public policy decision making and organizational practice. The availability of such data, however, is a far greater challenge. Sometimes planners and policy-makers have access to real-time pristine data sets but often that's not the case. In such instances, either existing data have to be adapted, or new data sources have to be developed. This panel draws from the expertise of academicians, health researchers, and policy-makers in presenting:

- The types of data which will advance the work of states in overseeing psychotropic use
- The various uses of the data from synthesis to analysis to policy development

- The strategies for using data to inform case practice and supervision
- The essential and fundamental collaboration between the academics/researchers and policy-makers necessary to make it all work

Attendees will learn about how to evaluate the data available to them, where to find additional sources of data, how to build a partnership with academics/researchers which informs child welfare practice and policy that is informed by practice and policy, and how integrate the use of data into every level of child welfare administration.

Lafayette Park

Workshop 10

DOLLARS AND SENSE: Maximizing opportunities to improve child and family well-being through innovative funding

Moderator: Sheila Pires, MPA, Human Service Collaborative, Washington, DC
Janet DeFrances, PhD, Rhode Island Department of Children, Youth & Families
Bruce Kamradt, MSW, Children's Mental Health Services/Wraparound
Milwaukee, Wisconsin
Angelo McClain, PhD, Massachusetts Department of Social Services

Even in an abundant fiscal climate, the best youth outcomes are achieved with meaningful collaborations built upon mutual accountability. In the present climate of fiscal challenges, the strategies for effectively weaving funding into a coordinated system of care and oversight are fundamental to achieving positive well-being outcomes. This panel draws on the expertise of leaders in the field of coordinated child-serving systems who have successfully built sustainable funding models. Attendees will learn how best to engage partners in developing shared funding models, what resources are likely available to them in their state, how to develop shared outcomes measures, and the difference that shared resources can make on measurable child and youth well-being outcomes.

Independence Ballroom E

Workshop 11

PUTTING IT ALL TOGETHER: Using collaborative, coordinated care models to improve outcomes

Moderator and Panelist: Jim Wotring, MSW, National Technical Assistance Center for Children's Mental Health Georgetown University

Bill Bouska , MPA, Oregon Health Authority

Linda Sagor, MD, MPH, University of Massachusetts Memorial FaCES (Foster Children Evaluation Services) Clinic

In this workshop, participants will learn how the Affordable Care Act (ACA) offers options to coordinate care for foster children and youth and how collaboration is essential in seizing these opportunities. Two models of cross system collaborations resulting in integrated care will be highlighted: Massachusetts' FaCES Clinic and Oregon's Statewide Children's Wraparound Initiative. The presenters will highlight key collaborations, processes and considerations in developing and implementing integrated health and mental health services for foster children and youth in an evaluation clinic and a wraparound model. This workshop will encourage questions, active dialogue, and peer sharing opportunities.

10:40 - 10:55 AM

BREAK

10:55 AM - 12:25 PM

State Team Working Session II

Independence Ballroom B

Louisiana, Mississippi, Alabama, Georgia

Independence Ballroom C

South Carolina, Florida, Tennessee, Kentucky

Independence Ballroom D

Illinois, Indiana, Michigan

Independence Ballroom E

Missouri, Iowa, Arkansas

Independence Ballroom F

Alaska, Hawaii, Washington, Arizona

Independence Ballroom G

Idaho, Oregon, Montana, Wyoming

TUESDAY - AUGUST 28, 2012

Independence Ballroom H	South Dakota, Utah, Nebraska, Kansas
Independence Ballroom I	New Mexico, Texas, Oklahoma
Franklin Square	Delaware, District of Columbia, West Virginia
Farragut Square	Maine, Vermont, New Hampshire, Massachusetts
Lafayette Park	Connecticut, Rhode Island, New Jersey, Puerto Rico
Burnham	New York, California, Pennsylvania
Latrobe	Nevada, Colorado, North Dakota
Bullfinch	Minnesota, Wisconsin, Ohio
Renwick	North Carolina, Virginia, Maryland
12:25 - 12:35 PM	BREAK
12:35 - 1:00 PM	Plenary: Closing and Next Steps Bryan Samuels, Commissioner, Administration on Children, Youth and Families
	Following the meeting, please be sure to visit the Psychotropic Summit website for updates and additional resources related to this meeting: www.pal-tech.com/web/psychotropic

THANK YOU

We would like to recognize those who came together to make this meeting possible.

HHS Interagency Workgroup

Clare Anderson, Administration on Children, Youth and Families
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Jean Close, Centers for Medicare and Medicaid Services
Delaine Deardorff-Beck, Centers for Medicare and Medicaid Services
David DeVoursney, Substance Abuse and Mental Health Services Administration
Denise Dougherty, Agency for Healthcare Research and Quality
Brian Du, Centers for Medicare and Medicaid Services
Barbara Edwards, Centers for Medicare and Medicaid Services
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Kate Stepleton, Administration on Children, Youth and Families
Susan Stromberg, Substance Abuse and Mental Health Services Administration
Ben Vitiello, National Institute of Mental Health
Marge Watchorn, Centers for Medicare and Medicaid Services

Summit Planning Committee

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Aphrodite Gonzalez, Youth Representative
Ashley Jackson, Youth Representative
Kara Kerr, Centers for Medicare and Medicaid Services

THANK YOU

Kristin Kroeger-Ptakowski, American Academy of Child and Adolescent Psychiatry
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Debra Samples, Region 9
Junius Scott, Region 2
Liz Walker, Region 9
Rosalyn Wilson, Region 7

We would also like to thank all of our presenters, who have generously shared both their time and expertise in support of this effort.

Most importantly, we would like to thank the young leaders attending this meeting for sharing with us their heartfelt stories and experiences of being in foster care. Your insight and commitment continually teaches us how to improve experiences of all children and youth in foster care.

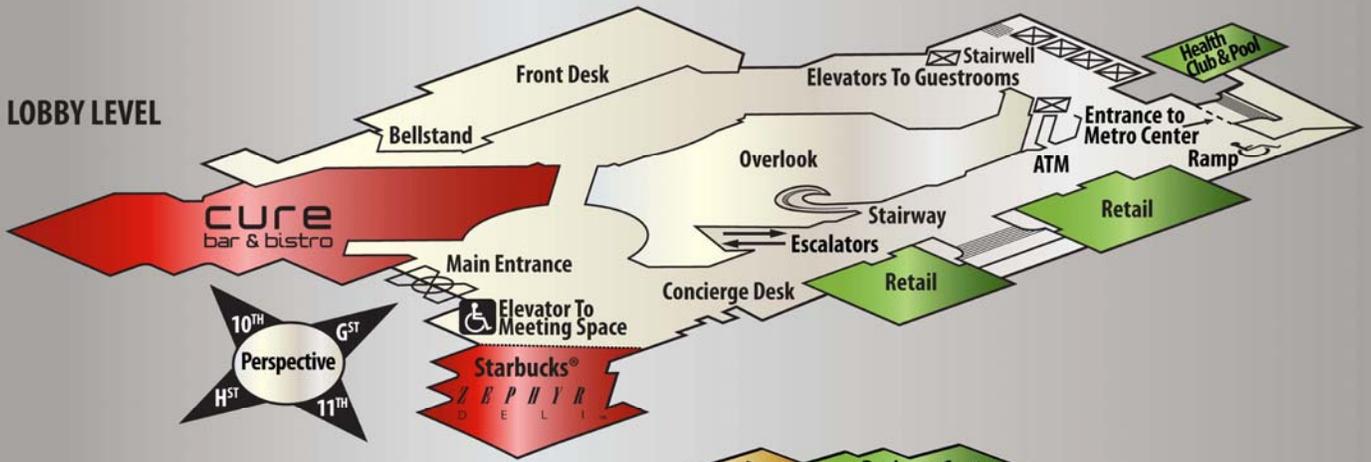
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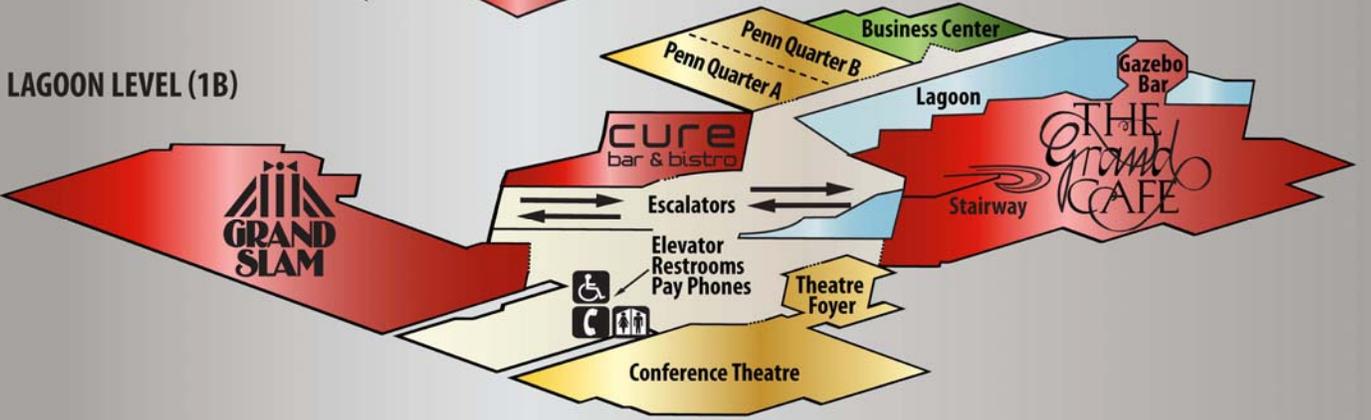
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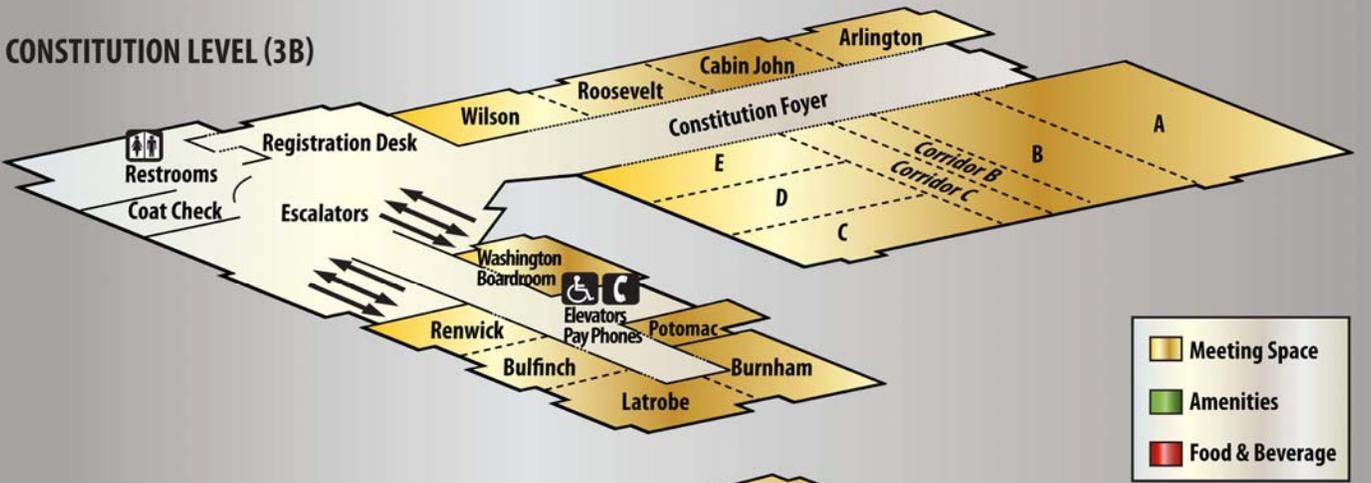
LOBBY LEVEL



LAGOON LEVEL (1B)

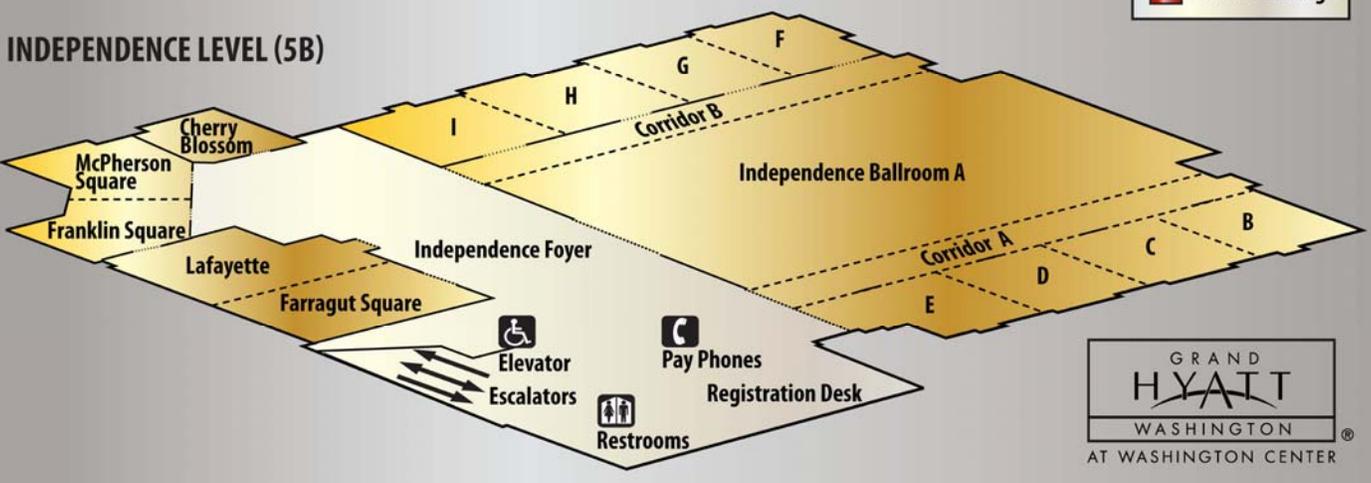


CONSTITUTION LEVEL (3B)



	Meeting Space
	Amenities
	Food & Beverage

INDEPENDENCE LEVEL (5B)



GRAND
HYATT
WASHINGTON
AT WASHINGTON CENTER