



**Prevent Child Abuse
Georgia**



**Bridging the Gap: Promoting
Healthy Behaviors with Emerging
Technology**


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HELPLINE: 1-800-CHILDREN




Promoting Healthy Behaviors with Emerging Technology

Ground Rules

- ◆ Take care of yourself
- ◆ Use "I" statements
- ◆ No such thing as a stupid question
- ◆ Listen
- ◆ Stay afterwards if want to talk privately




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Promoting Healthy Behaviors with Emerging Technology

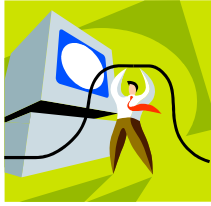
Expectations and Goals



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Pop Quiz time



What is your Internet IQ?



Benefits and Risks

- | | |
|---|---|
| <ul style="list-style-type: none"> ◆ Practicing Social Skills ◆ Defined/Guided social interaction ◆ Creating private social spaces ◆ Identity experimentation ◆ Practice with technology | <ul style="list-style-type: none"> ◆ Personal information released ◆ Bullying ◆ Persistence of digital information ◆ Misinformation ◆ Exposure to Inappropriate Material ◆ Legal Consequences |
|---|---|

Source: www.schwablearning.org, www.getnetwise.org



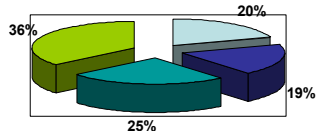
New Stranger Danger Myth





National Juvenile Online Victimization Study

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- Against Identified Victim: Stranger
- Against Identified Victim: Family Member or Acquaintance
- Internet Solicitations to Undercover Law Enforcement
- Internet Child Pornography

Source: Wolak et al (2003)

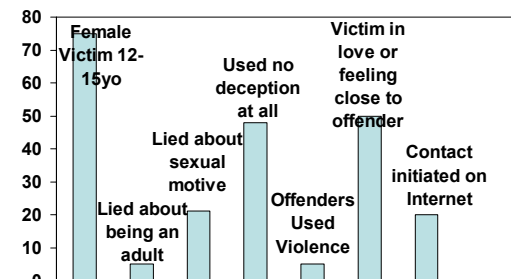
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New Stranger Danger Myth

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Source: Wolak et al (2003)

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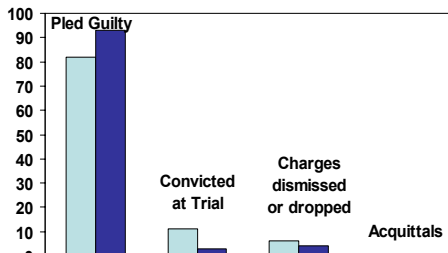
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Case Outcomes

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□ State ■ Federal



Source: Wolak et al (2003)

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The more things change . . .

Source: <http://www.sul.stanford.edu/depts/dp/pennies/home.htm>, <http://userpage.fu-berlin.de/~wildcat/rearchiv0001bis06.htm>
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Promoting Healthy Behaviors with Emerging Technology

Teens and Technology: Summary of Findings at a Glance

- ◆ Close to nine in ten teens are wired.
- ◆ 45% of teens have cell phones and 33% are texting.
- ◆ Email is still a fixture in teens' lives, but IM is preferred.
- ◆ Teens share more than words over IM.
- ◆ Face-to-face time still beats phone and screen time.
- ◆ The size of the wired teen population surges at the seventh grade mark.
- ◆ Older girls are power communicators and information seekers.

Source: Lenhart, A. Madden, M., Hittin, P., *Teens and Technology: Youth are Leading the Transition to a Fully Wired and Mobile Nation*. Washington, DC: Pew Internet & American Life Project, July 27, 2005.
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Promoting Healthy Behaviors with Emerging Technology

Adolescent Development

- ◆ Rapid Change in Brain Make Up and Chemistry
- ◆ Empathy Still "Under Construction"
- ◆ Identity Production
- ◆ Impulsive

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Perceiving and Being Perceived

- ◆ Creating Digital Identities
- ◆ Peer Validation
- ◆ Allure of Adult Activity
- ◆ Digital Publics





Risks revisited

- ◆ Personal information released
- ◆ Bullying
- ◆ Persistence of digital information
- ◆ Misinformation
- ◆ Exposure to Inappropriate Material
- ◆ Legal Consequences



Source: www.schwablearning.org, www.getnetwise.org,
Pew Internet & American Life Project



Telephone Etiquette





Know the Mediums



- ◆ Websites
- ◆ Chat Rooms
- ◆ Instant Messaging
- ◆ Social Networking
- ◆ Email



Effective Decision-Making Strategies

- ◆ Golden Rule
- ◆ Trusted Adult
- ◆ Is There a Rule?
- ◆ Front Page
- ◆ If Everybody Did It
- ◆ Real World
- ◆ Reflection





Prevention Strategies

Work with Children to:

- ◆ Avoid Online Fights and Provocation
- ◆ Keep online Social Networking in perspective
- ◆ Stop and Think before Downloading Files
- ◆ Talk about Relationships and Rights
- ◆ Maintain consistent Privacy



Prevention Strategies

Adults should also:

- ◆ Ensure accountability by remaining “hands-on”
- ◆ Avoid diminishing the importance of communication via technology
- ◆ Balance computer time with other activities
- ◆ Be open about online activities
- ◆ Hold self and other adults accountable





More Participation, Less Surveillance



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